



ELEMENTARY WEST BREAKFAST MENU

1				
<p>FOODSERVICE WORKER SUBSTITUTE POSITIONS AVAILABLE</p> <p>Apply online at: www.aramark.com</p>			<p>State requires offering of 1 cup of fruit at breakfast and lunch. If not on menu, is offered at register.</p>	<p>Bagel Cin.Cr.Cheese</p> <p><i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>
4 5 6 7 8				
<p>Kellogg's Fudge PopTart</p> <p><i>Cheese Stick</i> <i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Yoplait Yogurt</p> <p><i>Fruit Juice</i> <i>Scooby Stix</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Mini Blueberry Waffles</p> <p><i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Otis Spunkmeyer Muffin</p> <p><i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Fruit Loop Cereal</p> <p><i>Cheese Stick</i> <i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>
11 12 13 14 15				
<p>VETERAN'S DAY</p>	<p>Trix Cereal Bar</p> <p><i>Cheese Stick</i> <i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Yoplait Yogurt</p> <p><i>Fruit Juice</i> <i>Scooby Stix</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Kellogg's Rice Krispy Treat</p> <p><i>Cheese Stick</i> <i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Otis Spunkmeyer Muffin</p> <p><i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>
18 19 20 21 22				
<p>Cin.Toast Crunch Cereal Bar</p> <p><i>Cheese Stick</i> <i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Cin. French Toast</p> <p><i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Cocoa Puff Cereal Bar</p> <p><i>Cheese Stick</i> <i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Apple Jacks Cereal</p> <p><i>Cheese Stick</i> <i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Otis Spunkmeyer Muffin</p> <p><i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>
25 26 27 28 29				
<p>Kellogg's Frosted Flakes</p> <p><i>Cheese Stick</i> <i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Bagel w/Straw Cr.Cheese</p> <p><i>Fruit Juice</i> <i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>Kellogg's JumpStart (Brn.Sugar Poptart)</p> <p><i>Fresh Fruit</i> <i>Choice of Milk</i></p>	<p>HAPPY THANKSGIVING</p> <p>From Your Aramark Lunch Ladies</p>	<p>NO SCHOOL</p>

Breakfast in the Classroom

COST
Free

Just stop by the cafeteria when you arrive at school and Grab-a-Bag. It's that easy. Be sure to have the para-educator check your name off.

Choice of Fruit or Juice
What do you like? Fresh Apples? Oranges? Bananas?

Choice of Milk
Variety includes low-fat and fat-free choices.

Hello! My name is Ana.
Breakfast is my favorite meal of the day.

Hey Friends, be sure to start your day off right with a good breakfast! A balanced meal in the morning will give you the energy and nutrition you need to fuel your brain and body for a busy day.

